



NURSE-FAMILY PARTNERSHIP TEXAS 2019 CONFERENCE PROGRAM

Riding the Wave of Nursing Excellence



Sponsored by

May 7th & 8th, 2019
Hotel Galvez
2024 Seawall Blvd
Galveston, TX 77550



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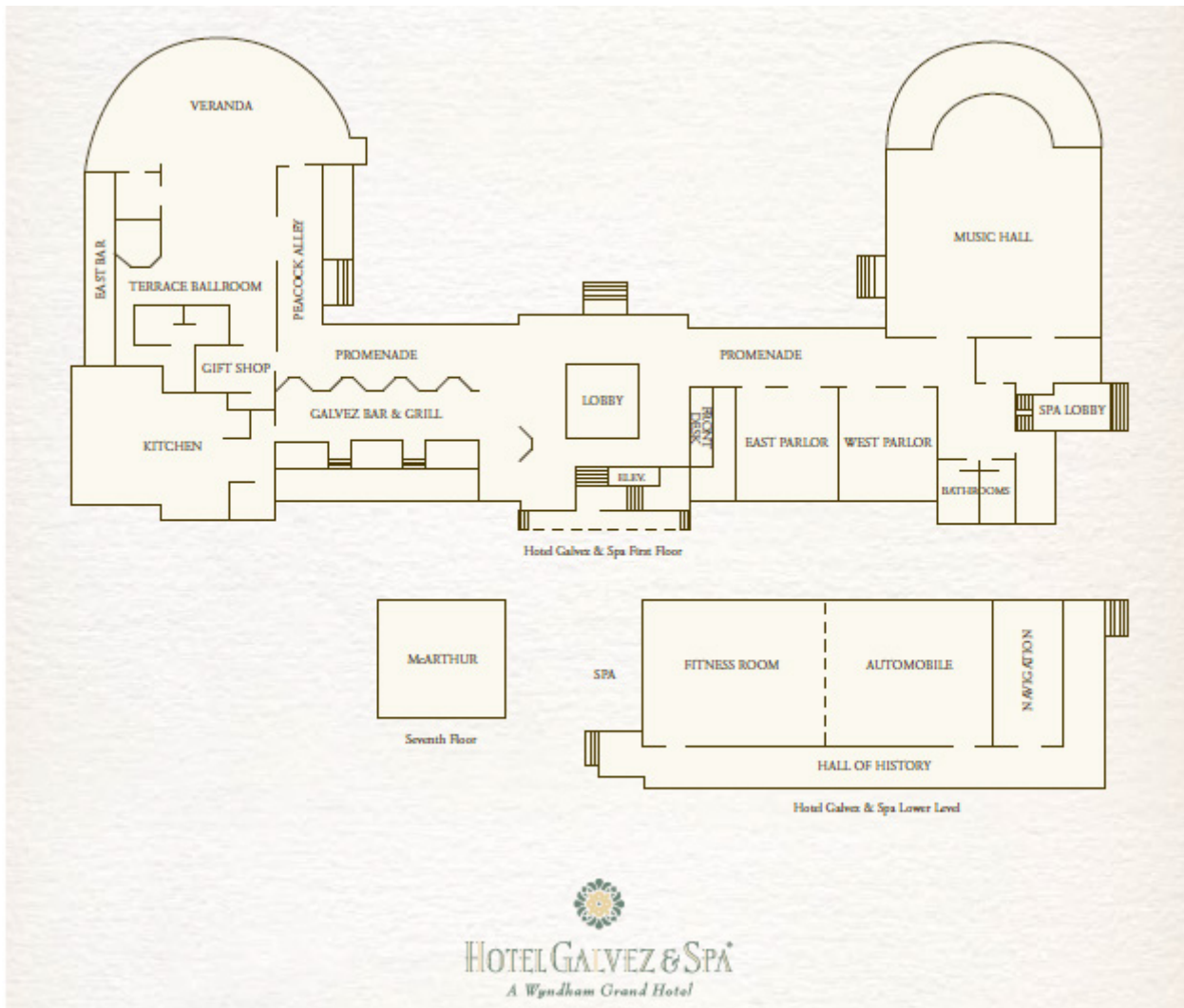
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HOTEL MAP



SCHEDULE

Tuesday, May 7th

Time	Presenters	Title	Location
7:00 AM-8:00 AM	Breakfast and Registration	West Promenade/Music Hall	
8:00 AM-8:30 AM	Opening Remarks		Music Hall
8:30 AM- 10:30 AM	Sonya Flores, BSN, RN Renee Damron, RN, BSN Elly Yost, RN, BSN, MSN, PNP, MBH/MHA	Goal Mama	East Parlor
8:30 AM- 10:30 AM	Adrian McKinney, RNC-LRN, BSN Stephanie Humbert, RN, MBA	Goal Mama	West Parlor
8:30 AM- 10:30 AM	Patricia Bueno, RN, BSN, CCM Angela Montez, RN, BSN	Goal Mama	Terrace
10:30 - 10:45 AM	Break		
10:45 - 12:30 AM	Sonya Flores, BSN, RN Renee Damron, RN, BSN Elly Yost, RN, BSN, MSN, PNP, MBH/MHA	Goal Mama	East Parlor
	Adrian McKinney, RNC-LRN, BSN Stephanie Humbert, RN, MBA	Goal Mama	West Parlor
	Patricia Bueno, RN, BSN, CCM Angela Montez, RN, BSN	Goal Mama	Terrace
12:30 - 12:40 PM	Break		
12:30 PM - 1:45 PM Keynote 1	Evelyn Delgado, BS	Preventative Health Services for Women in Texas	Music Hall
1:45PM - 2:00 PM	Break		
2:00 PM-3:30 PM Session 1	Bani Ratan, MD	Sexually Transmitted Infections	East Parlor
2:00 - 3:30 PM Session 2	Jacquelyn Svoboda, MSN, RN, WHNP-C	Hypertension in Pregnancy	West Parlor

2:00 - 3:30 PM Session 3	Tracy McManaman-Bridges, MSN, RNC-OB, C-EFM	Sepsis in Pregnancy- Effects on the Post-Partum Mom and Family	Veranda
2:00 - 3:30 PM Session 4	Rebecca Jo Helmeich, PhD, MSN, RN, APN, Women's Health- BC	Caring for the Mom as Caregiver Through Evidence-Based Practice Principles	Terrace
3:30 - 3:45 PM	Break		
3:45 - 5:15 PM Session 5	Bushra Manakatt, DNPRN,MSN,FNP-C	Diabetes in Pregnancy Understanding Gestational Diabetes-Management and Prevention	East Parlor
3:45 - 5:15 PM Session 6	Sandra Priest, DNP, RN, NNP-BC Sharron Forest, DNP, RN, NNP-BC	Nurses Partnering with New Mothers to Prevent Postpartum Smoking Relapse	West Parlor
3:45 - 5:15 PM Session 7	Kim Weber-Yorga, RN, MSN	Finding Balance in the Job I Love	Veranda
3:45 - 5:15 PM Session 8	Stacey Coombes, MD, FACOG	Contraception: Preparing for the Future	Terrace

5:30 - 7:00 PM Spa Galvez Open for 25 Minute Massages by appointment only Spa

A 25-minute Swedish Massage is \$75. The spa applies an 18% service charge upon checkout, which is gratuity for the service providers and there will also be a 20% discount applied the Nurse-Family Partnership Conference attendees. To book appointments, or for questions, please call the Spa at (409) 515-2100.

7:30 - 9:00 PM Texas Champions Dinner Music Hall

Wednesday, May 8th

Time	Presenters	Title	Location
7:00 AM-8:00 AM	Breakfast and Registration		West Promenade/ Music Hall
8:00 AM-9:30 AM Keynote 2	Christopher Greeley, MD Dorothy Mandel, PhD	Abuse and Adversity: What a Home Visitor Needs to Know to Move the Needle	Music Hall
9:30AM-9:45AM	Break		
9:45AM-11:15AM Session 9	Ellen Martin, PhD, RN, CPHQ, CPPS	Jurisprudence & Ethics for Home and Community-based Nursing Services	East Parlor
9:45AM-11:15AM Session 10	Laura King, DNP, RN, CNE	Immunizations and Communicating with Vaccine-Concerned Parents	West Parlor
9:45AM-11:15AM Session 11	Paula Carrasco, MPA	Childhood Lead Poisoning Prevention Program	Terrace
9:45AM-11:15AM Session 12	Kim Weber-Yorga, RN, MSN	Finding Balance in the Job I Love	Veranda
11:15AM-11:30 AM	Break		
11:30-AM-1:00 PM Keynote 3	Quianta Moore, JD, MD	Advancing Toward an Equitable Society: The Importance and Role of Brain Development In the First Few Years of Life	Music Hall
1:00 PM- 1:15 PM	Break		
1:15PM -2:45PM Session 13	Ellen Martin, PhD, RN, CPHQ, CPPS	Jurisprudence & Ethics for Home and Community-based Nursing Services	East Parlor
1:15-2:45 Session 14	Fred Buckwold, MD, FACP Anne-Marie Combs, BSN, MSN Monica Flores, BSN, RN Mary Munn, MD	Care Coordination with Nurse-Family Partnership for Families with Complex Health Conditions	West Parlor
1:15-2:45 Session 15	Rebecca Birch-Tsusaki, PhD, WHNP-BC, RN, IBCLC	Overcoming the Challenges of Breastfeeding After Postpartum Discharge	Terrace
1:15-2:45 Session 16	Jane Pray, RN, MSN	Understanding, Supporting and Improving Client Engagement in Nurse-Family Partnership	Veranda

1:15-2:45 Session 16	Jane Pray, RN, MSN	Understanding, Supporting and Improving Client Engagement in Nurse-Family Partnership	Veranda
2:45-3:30	NSO Closing Remarks Evaluation, and CNE Certificates - Music Hall		

Nurse-Family Partnership Information Systems

Tuesday, May 7th

Date and Time	Presenters	Title	Location
2:00 - 3:30 PM	Briana Lynch, CSM	Nurse-Family Partnership Information Systems	Navigation
3:30 - 3:45 PM	Break		
3:45 - 5:15 PM	Briana Lynch, CSM	Open Office Hours	Navigation

Wednesday, May 8th

9:45 - 11:15 AM	Briana Lynch, CSM	Nurse-Family Partnership Information Systems	Navigation
11:15 - 1:15 AM	Breaks and Keynotes		Navigation
1:15 - 2:45 PM	Briana Lynch, CSM	Open Office Hours	Navigation

Nurse-Family Partnership Administrator Sessions

Tuesday, May 7th

Date and Time	Presenters	Title	Location
8:30 - 9:30 AM	Cheryl Weise	Making the most of your Community Advisory Board (CAB)	Room 227
9:30 - 10:30 AM	Wendy Coffman	Making the most of national relationships to enhance local programming	
10:30 - 10:45 AM	Break		
10:45 - 11:45 AM	Meredith Fear	Program Sustainability	Room 227
11:45 AM - 12:30 PM	Break		

12:30 - 1:45 PM Keynote 1	Lunch Keynote	Lunch Keynote	
1:45 - 2:00 PM	Break		
2:00 - 3:30 PM	Jane Pray	Engaging, Enrolling and Retaining Clients	Room 227
3:30 - 3:45 PM	Break		
3:45 - 5:15 PM	Elly Yost	Administrators Support For Optimal Team Operations	Room 227

Wednesday, May 8th

1:15 - 2:15 PM	Sofia Santillia & Kim Griffin	Understanding the Relationship: NSO and Texas State Departments	Room 227
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SESSION DESCRIPTIONS

Tuesday, May 7th

7:00 - 8:00 AM	Breakfast and Registration	West Promenade
8:00 - 8:30 AM	Opening Remarks	Music Hall
8:30 AM - 12:30 PM	Goal Mama	Various

Getting Started with Goal Mama

Pat Bueno, BSN, RN, CCM

Renee Damron, BSN, RN

Sonja Flores BSN, RN

Stephanie Humbert, MBA, RN

Adrian McKinney, RNC-LRN, BSN

Angela Montez, RN, BSN

Elly Yost RN, BSN, MSN, PNP, MBH/MHA

This session will provide an overview review of the value of client goal setting and how the use of the new Goal Mama application can assist the nurse and client in this process. The application and its features will be demonstrated, and learners will receive guidance on how to introduce the application with their clients. Learners will demonstrate familiarity with the nurse dashboard features and prepare a plan for integrating Goal Mama into their nursing practice.

12:30 - 1:45 PM	Lunch Keynote	Music Hall
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Preventative Health Services for Women in Texas

Evelyn Delgado, BS

This session will address how access to preventive healthcare for all women, including contraceptives, leads to better birth spacing, greater access to prenatal care, and healthier moms and babies. Women of color must be considered as healthcare and support systems are designed and delivered in all communities. The Texas Legislature can impact access to services and ensure women have access to continuous coverage.

1:45 - 2:00 PM	Break
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2:00 - 3:30 PM

Concurring Session 1

East Parlor

Sexually Transmitted Infections

Bani Ratan, MD

This session will describe guidelines for sexually transmitted infection screening and symptoms and management of common STI's. Participants will learn methods for prevention of common STIs and discuss the evaluation, diagnostic criteria, and management of vaginitis.

2:00 - 3:30 PM

Concurring Session 2

West Parlor

Hypertension in Pregnancy

Jacquelyn Svoboda MSN, RN, WHNP-C (Doctoral student @ University of Alabama)

The session will include current recommendations for identifying, managing hypertensive disorders in pregnancy. Topics will include chronic hypertension, chronic hypertension with superimposed pre-eclampsia, gestational hypertension, pre-eclampsia without severe features, pre-eclampsia with severe features, Eclampsia and HELLP Syndrome. Current revised practice bulletins from ACOG (2019) will be incorporated.

2:00 - 3:30 PM

Concurring Session 3

Veranda

Sepsis in Pregnancy: Effects on the Postpartum Mom and Family

Tracy McManaman-Bridges, MSN RNC-OB, C-EFM

This session will review the signs and symptoms of sepsis, the causes that lead to sepsis and the influences of sepsis on the postpartum woman and her family.

2:00 - 3:30 PM

Concurring Session 4

Terrace

Caring for the mom as care giver through evidence-based practice principles

Rebecca Helmeich, PhD, MSN, RN, APN, Women's Health-BC

This session will examine the evidence of the association of stress, anxiety and depression with the physiologic indicators of blood pressure and vagal response in both obese and non-obese women as well as the impact of dietary and/or physical activity interventions on Perinatal outcomes for pregnant women who are normal weight, overweight, or obese compared to control groups receiving routine standard prenatal care. Learners will also identify techniques that can easily be taught and practiced to help reduce the impact of stress, anxiety and depression in vulnerable women; examine different dietary techniques and how to assist the client to select the dietary plan that "Best Fits" the family lifestyle; and explore various modes of physical activity habits that the woman agrees to practice.

3:30-3:45

Break

3:45 - 5:15 PM

Concurring Session 5

East Parlor

Understanding Gestational Diabetes-Management and Prevention

Bushra Manakatt, DNP, RN, MSN, FNP-C

This session will review of the different types of diabetes, with the highlight on gestational diabetes. Through discussion and case studies, the learner will have a better understanding of risk factors, prevalence, and maternal and fetal complications associated with gestational diabetes. Screening for and of gestational diabetes will be discussed, including pharmacological, lifestyle modification, medical nutrition therapy, glucose monitoring and exercise, postpartum follow up, and strategies to prevent diabetes.

3:45 - 5:15 PM

Concurring Session 6

West Parlor

Nurses Partnering with New Mothers to Prevent Postpartum Smoking Relapse

Sandra Priest, DNP, RN, NNP-BC & Sharron Forest, DNP, RN, NNP-BC

This session will address the scope of maternal smoking in Texas and nationally, the contributing factors that influence a woman's decision to continue/discontinue smoking, implications and complications related to maternal smoking, and the nurse's role in assisting a mother to quit smoking. Tools available to support the nurse during these discussions and the mother in her decision to quit will be included in this session.

3:45 - 5:15 PM

Concurring Session 7

Veranda

Finding Balance in the Job I Love

Kim Weber-Yorga, RN, MSN

We spend a lot of time talking about how to be of service to those most in need. We must also talk about being of service to ourselves. Explore strategies to care for yourself so you can continue to enjoy and thrive at the job you love!

3:45 - 5:15 PM

Concurring Session 8

Terrace

Contraception: Preparing for the future.

Stacey Coombes MD, FACOG

This session will provide a review the importance of contraception in preventing unplanned or unwanted pregnancies and timing of counseling and initiation, including a review contraceptive options, contraindications, risks, benefits, and barriers to accessing reliable contraception.

5:30 - 7:00 PM

Chair Massages

Spa

Spa Galvez

Sign up for some self-care at the Spa Galvez! A 25-minute Swedish Massage is \$75. The spa applies an 18% service charge upon checkout, which is gratuity for the service providers and there will also be a 20% discount applied the Nurse-Family Partnership Conference attendees. To book appointments, or for questions, please call the Spa at (409) 515-2100.

7:30 - 9:00 PM

Texas Champions Dinner

Music Hall

Wednesday, May 8th

7:00 - 8:00 AM **Breakfast and Registration** **West Promenade**

8:00 - 9:30 AM **Morning Keynote** **Music Hall**

Abuse and Adversity: What a Home Visitor Needs to Know to Move the Needle

Christopher Greeley, MD. MS & Dorothy Mandel, PhD

This presentation will cover an overview and framework of child and family adversity including child, family, community and societal factors. It will include information on external indicators of neglect/abuse that nurses may encounter in the home. In addition, the presenters will provide an overview of current research in Texas that focuses on understanding profiles of maltreatment risk for families and for communities and discuss how attendees can use this information to better serve their clients and their communities.

9:30 - 9:45 AM **Break**

9:45 - 11:15 AM **Concurrent Session 9** **East Parlor**

Jurisprudence & Ethics for Home and Community-based Nursing Services

Ellen Martin, PhD, RN

The session will cover the state laws and Board of Nursing rules and regulations that govern nursing practice in Texas including Rule 217.11 Standards of Professional Practice, 217.12 Unprofessional Conduct, the board of nursing position statements relevant to home visiting nursing practice including the duty of a nurse in any setting and the RN scope of practice. The presentation will also include a very brief overview of continuing competency requirements and mandatory reporting obligations as it relates to nursing peer review. It will also address scope of practice and professional boundaries using case scenarios and discussion as both issues are particularly challenging for home visiting nurses who practice autonomously and care for at-risk families.

9:45 - 11:15 AM **Concurrent Session 10** **West Parlor**

Immunizations and Communicating with Vaccine-Concerned Parents

Laura King, DNP, RN, CNE

This session will cover 20th century annual morbidity and current morbidity cases and discuss the re-emergence of measles, mumps, and pertussis. It will review the role of the nurse in providing expertise, knowledge, and professional advice, examine beliefs and misconceptions about vaccines and help nurses develop an effective framework for effective conversations with parents.

9:45 - 11:15 AM **Concurrent Session 11** **Terrace**

Childhood Lead Poisoning Prevention Program

Paula Carrasco, MPA

This session will offer an overview of a public health department lead program and discuss blood lead level concerns; the effects of lead poisoning in children under the age of 6 years; causes of lead poisoning; where lead can be found; how lead can be imported; and cover health care provider references and guidance for childhood lead poisoning.

9:45 - 11:15 AM **Concurrent Session 12** **Veranda**

Finding Balance in the Job I Love

Kim Weber-Yorga, RN, MSN

We spend a lot of time talking about how to be of service to those most in need. We must also talk about being of service to ourselves. Explore strategies to care for yourself so you can continue to enjoy and thrive at the job you love!

11:15 - 11:30 AM **Break**

11:30 AM - 1:00 PM **Lunch Keynote** **Music Hall**

Advancing Toward an Equitable Society: The Importance and Role of Brain Development in the First Few Years of Life

Quianta Moore, JD, MD

Participants will be able to describe the importance of brain development, apply brain building skills in their job, and identify barriers to parents becoming brain builders.

1:00 - 1:15 PM **Break**

1:15 - 2:45 PM **Concurring Session 13** **East Parlor**

Jurisprudence & Ethics for Home and Community-based Nursing Services

Ellen Martin, RN, PhD, CHPQ, CPPS

The presentation will cover the state laws and Board of Nursing rules and regulations that govern nursing practice in Texas including Rule 217.11 Standards of Professional Practice, 217.12 Unprofessional Conduct, the board of nursing position statements relevant to home visiting nursing practice including the duty of a nurse in any setting and the RN scope of practice. The presentation will also include a very brief overview of continuing competency requirements and mandatory reporting obligations as it relates to nursing peer review. It will also address scope of practice and professional boundaries using case scenarios and discussion as both issues are particularly challenging for home visiting nurses who practice autonomously and care for at-risk families.

1:15 - 2:45 PM

Concurring Session 14

West Parlor

Care Coordination with Nurse-Family Partnership for Families with Complex Health Conditions

Fred Buckwold, MD FACP, Mary Munn, MD, Anne-Marie Combs, BSN, MSN, and
BSN, RN

Monica Flores

This panel discussion will define care coordination and offer examples of how Nurse-Family Partnership Nurses can work with OB-GYNs and Medicaid Managed Care plans to coordinate care for high risk pregnant patients. It will include tips for nurses who want to improve care coordination.

1:15 - 2:45 PM

Concurring Session 15

Terrace

Overcoming the Challenges of Breastfeeding After Postpartum Discharge

Rebecca Tsusaki, PhD, WHNP-BC, RN, IBCLC

This session will address breastfeeding rates and goals, postpartum experiences and how they affect home breastfeeding, exclusive vs. mixed breastfeeding, breastmilk supply and demand, breastfeeding assessment, common breastfeeding problems and interventions, special infant populations, and promoting breastfeeding success with ongoing breastfeeding support and community resources.

1:15 - 2:45 PM

Concurring Session 16

Veranda

Understanding, Supporting and Improving Client Engagement in Nurse-Family Partnership

Jane Pray, RN, MSN

This session will share what was learned from a recent review and analysis of the NFP data on client retention and provide strategies to support nurses in engaging clients in a manner that will lead to higher client overall retention.

2:45 - 3:30 PM

NSO Closing Remarks

Music Hall

Evaluation, and CNE Certificates

SPEAKER BIOGRAPHIES

Dr. Rebecca Birch-Tsusaki, PhD, WHNP-BC, RN, IBCLC

Dr. Tsusaki is an assistant professor of clinical nursing at the UTHealth Cizik School of Nursing. Her experience as a nurse includes work in the NICU, emergency department, adult and pediatric post-anesthesia care unit, endoscopy, women's health/OB and lactation. She is currently the Clinical Liaison for nurse practitioner placement, working with clinical partners to forge relationships and interprofessional education. She also teaches courses in the graduate nursing and doctoral NP programs. Her PhD dissertation research involved using surface electromyography to study oral muscle use and sucking patterns in breastfeeding late preterm infants. She earned her master's degree in Women's Health Education with an emphasis on curriculum design, item writing and analysis. Her master's thesis was about late-preterm infant feeding choices and cumulative rehospitalization during the neonatal period. She completed a women's health nurse practitioner post-masters degree and is a board-certified women's health nurse practitioner (WHNP-BC) and is currently part of a faculty practice at the Women's Home in the Montrose District. Dr. Tsusaki is an international board certified lactation consultant (IBCLC) with a passion for helping new moms and breastfeeding infants and completed a post-doctoral health education fellowship in June of 2017.

Dr. Fred Buckwold, MD, FACP

Prior to retiring in August 2018, Dr. Fred Buckwold was chief medical officer for Community Health Choice, Inc., a community owned non-profit managed care organization that provides programs focused on low-income families, including Medicaid, CHIP and the subsidized individual Health Insurance Marketplace. He also served on the Board of Directors of the Texas Health Services Authority since its inception in 2007 having been appointed and reappointed by Governors Perry and Abbott. This legislatively mandated body was created to promote and coordinate the electronic exchange of healthcare information in Texas. In addition, he serves on boards of several non-profit community organizations. Dr. Buckwold has more than 22 years of administrative experience in the managed care industry. Prior to joining Community, he worked for divisions of Anthem, United Health Group, Cigna and FHP, with experience in commercial, Medicare and Medicaid programs. In addition, he spent 18 years practicing as an Infectious Disease physician before his health plan administrative career.

Ms. Pat Bueno, RN, CCM

Patricia "Pat" Bueno is a Nurse Supervisor at The Children's Shelter in San Antonio, Texas. She has been a nurse for five years with experience in telemetry, dialysis, and case management. Prior to nursing, Pat spent 12 years in Home Health Management. She obtained her Certification in Case Management (CCM) in April 2018. She is passionate about serving the Nurse-Family Partnership population because she was a low-income teen mom with a Spanish speaking single mom.

Ms. Paula Carrasco, MPA

Paula Carrasco is the Public Health Educator for the Houston Health Department's Childhood Lead Poisoning Prevention Program (CLPPP). She holds a Master of Public Administration with a Certification in Nonprofit Management from Villanova University. With this and her background in Healthcare and Biological Sciences along with her passion for children, she effectively brings awareness to communities about the effects of lead poisoning in children. She actively meets with external stakeholders and attends community events providing education for best efforts in reducing the prevalence of childhood lead poisoning and increase screening rate. Recently, she was interviewed by the Hispanic Chamber of Commerce President, Dr. Laura Murillo on Univision Spanish Radio and offered an Alumni Spot Light by Villanova about the work she does for the community. In her spare time, she enjoys spending time with her husband of 24 years, exploring international foods, spontaneous Texas road trips, cooking, baking cakes, and working with charities.

Ms. Anne-Marie Combs, BSN, MSN

Anne-Marie Combs is a Clinical Leader, Patient Safety Officer, and Nurse Care Manager. She is a transformational nurse leader with more than 25 years practical experience in hospital-based birth, recovery and postpartum care for low-risk and at-risk families and implemented evidence-based care guidelines and perinatal safety bundles. She has earned her Master of Science in Nursing with a specialization in Care Coordination. Ms. Combs is active in the local and national chapters of Texas Nurses Association and AWHONN and is also a member of Sigma Tau Theta. Most recently she has worked as a manager of clinical case management in adult psychiatric medicine and as a home health field case manager. She is proficient in community outreach and transitional care for families in need of post-birth resources and support.

Ms. Stacey Coombes, MD, FACOG

Dr. Coombes is originally from Illinois and graduated from The University of Illinois College of Medicine. She then did a four-year residency in Obstetrics and Gynecology at Mercy Hospital in St. Louis, Missouri. After completing residency, she practiced in St. Louis for two years before moving to Houston to join her husband who works in the oil and gas industry. Dr. Coombes is board certified in Obstetrics and Gynecology and has been working at The Texas Children's Health Plan Center for Children and Women in Houston since 2016. She enjoys treating women of all ages from adolescence through their reproductive years and into menopause. Dr. Coombes has two college-aged daughters, two high school-aged step-daughters, and a beloved dog - Molly. In her free time, she enjoys exercising and taking advantage of the Houston food scene!

Ms. Evelyn Delgado, BS

Evelyn Delgado is President at Healthy Futures of Texas. Healthy Futures' mission is to support development of strong families and positively impact the future of our community by reducing teen and unplanned pregnancy in San Antonio and Texas. She also serves as Chair of the Texas Women's Healthcare Coalition, an initiative of Healthy Futures, which advocates for access to preventive healthcare, including contraception, for all Texas women. Evelyn is passionate about addressing the health needs of our community's teens, young adults and families. Evelyn has extensive experience as a senior-level executive leader in public health at the Texas Department of State Health Services, including overseeing women's and children's health programs. Using the principles of public health prevention, community health programs under her leadership served over one million Texans and delivered \$950 million in public health services annually. Throughout her career, Evelyn served on numerous state and national committees including the Power to Decide State Local Action Advisory Group, Texas Collaborative for Healthy Mothers and Babies, Texas Medical Association Committee on Reproductive, Women's and Perinatal Health, Council on Children and Families, the Task Force for Children with Special Needs, and was appointed to the National Advisory Council on Maternal, Infant and Fetal Nutrition by the U.S. Secretary of Agriculture.

Ms. Monica Flores, BSN, RN

Monica Flores graduated from Texas Women's University, with a Bachelor of Science in Nursing in 2004. She has been a Registered Nurse for 14 years. The first three years of her career was working with adults. Monica transitioned into the Neonatal Intensive Care, where she remained for the last 11 years. This experience led her into the next chapter of her career with Nurse Family Partnership as a Nurse Home Visitor. Monica is married to her high school sweetheart and has two wonderful children. In her off-time she enjoys time with her family and her kickboxing class.

Ms. Sonya Flores, BSN, RN, CLC

Sonya Flores has been a Registered Nurse for over 20 years. She has dedicated most of her career to Women's Health which includes Labor & Delivery, postpartum care, newborn care, surgery and has also worked as a Trauma Nurse. Additionally, she works as a Certified Lactation Counselor at a local hospital in Lubbock and currently working on becoming a Sexual Assault Nurse Examiner. Sonya started as a nurse home visitor with TTUHSC Lubbock Nurse-Family Partnership in 2009 and was promoted to nurse Supervisor in 2014. She serves on numerous coalitions that focus on improving the health of women and children and actively serves as volunteer chair for local MCHIC committee. On her days away from the office, Sonya enjoys spending time with her family, friends and fur baby. She is passionate about making a difference in this world and strives to help make the next generation a little better than the last. Every day she is humbled by the experience and knowledge she has gained in working with the nurses and families of TTUHSC Lubbock Nurse-Family Partnership.

Dr. Sharron Forest, DNP, RN, NNP-BC

Dr. Sharron Forest teaches in the Doctor of Nursing Practice Program at UTMB and has 21 years' experience as a neonatal nurse practitioner. She conducted her doctoral studies on Maternal Tobacco Prevention in hopes to reduce infant mortality.

Dr. Chris Greeley, MD, MS

Dr. Christopher Greeley is Chief of the Section of Public Health and Primary Care at Texas Children's Hospital and is Professor and Vice-Chair for Community Health in the Department of Pediatrics at Baylor College of Medicine. He received his medical degree from the University of Virginia in 1992 and completed his internship and residency in pediatrics at Vanderbilt University. He received a Master's in Clinical Research from the University of Texas Health Science Center in Houston, with a special concentration on Comparative Effectiveness Research. He is board certified in General Pediatrics as well as Child Abuse Pediatrics and is a member of the AMA and the AAP. He also served on the Board of Directors of Prevention Child Abuse America from 2005-2014 and was Chair for 2009-2013. He is the current president of the Ray E. Helfer Society; the international society for physicians working in the field of child maltreatment. In 2017 he was appointed chair of the Child Abuse and Neglect Prevention Task Force for Texas. He was elected to the American Pediatric Society in 2017. Dr. Greeley was the 2006 Ray E Helfer Award winner. The Ray E Helfer Award is an annual award jointly presented by The American Academy of Pediatrics and The National Alliance of Children's Trust and Prevention Funds "to a distinguished pediatrician for his or her contribution to the prevention of child abuse and neglect."

Ms. Rebecca Jo Helmeich, PhD, MSN, RN, APN, Women's Health-BC

Dr. Helmreich is a Women's Health Nurse Practitioner, presently working one day a week at The Woman's Home completing intake histories, and physical exams. In the past she has worked in OB-GYN clinics and offices. She is employed by UTHealth Cizik School of Nursing as clinical faculty in the department of graduate studies. She has taught reproductive and women's health for several years at Houston Baptist University and UTH. Presently she also teaches Evidence Based Practice and realizes that many of EBP principles apply to helping Mothers to take care of herself as well as new baby and family.

Stephanie Humbert, RN, MBA

Stephanie Humbert, MBA, RN, is a Division Manager and Nurse-Family Partnership Supervisor with the Houston Health Department, located at the Sunnyside Multi-Service Center. Mrs. Humbert earned her MBA from Texas Woman's University and her BSN from University of Texas Medical Branch at Galveston and has been a nurse for 21 years. Stephanie has extensive knowledge and experience with Maternal-Child Health. Her clinical background is Neonatal ICU and Maternal Fetal Medicine/High Risk Pregnancy research. Mrs. Humbert is a former NFP Nurse Home Visitor and has firsthand knowledge of the benefits of the Nurse Family Partnership program.

Dr. Laura King, DNP, RN, CNE

Dr. Laura King has 26 years of nursing experience. She was a school nurse for 10 years, has worked in high risk ante-partum, labor and delivery, and in pediatrics. She was the health education nurse for the Immunization Project at Texas Children's Hospital for four years. During that experience, Dr. King had the opportunity to present information and education on pediatric immunizations to various healthcare professionals as well as to the community at a number of state, regional, and national conferences. Her current position is that of Assistant Professor and Program Director for the junior level at the UTMB School of Nursing where she teaches in the undergraduate nursing program primarily in pediatrics, and OB.

Ms. Briana Lynch, CSM

Nurse-Family Partnership Information Systems Briana Lynch is an Operations Manager at the Nurse-Family Partnership National Service Office. She has worked in information technology, including data storage for over a decade. She manages NFP's technical support team and has been a part of NFP's enterprise systems solutions for three years.

Dr. Bushra Manakatt, DNP, RN, MSN, FNP-C

Dr. Bushra Manakatt serves as Assistant Professor of the traditional BSN program at School of Nursing, UTMB, Galveston. Prior to arriving at UTMB, Dr. Manakatt had more than 17 years of clinical experience in national, international hospitals and community settings. As Family Nurse Practitioner (FNP), she served at various clinical settings including an outpatient clinic, urgent care, long term acute care, rehabilitation, geriatric psychiatric unit and nursing home along with precepting NP students. She enjoyed her role as a staff nurse in different departments including Neurology, Neurosurgery, ICU, IMCU, Medical Surgical, Radiology, ER, Home Health, postpartum, Stroke Unit, Oncology and orthopedics. She received her BSN degree in 1998 from University of Kerala. She earned her Master's in Nursing in the Family Nurse Practitioner track in 2011 and Doctor of Nursing Practice (DNP) in 2014 from the University of Texas Medical Branch at Galveston. Dr. Manakatt is very active in local, regional, and national professional organizations. She serves as a member on the American Academy of Nurse Practitioners & Texas Nurse Practitioner Association. She is inducted into Sigma Theta Tau International Nurses Honor Society in 2015 as a nurse leader. Her research interests include role of life style modification in management of diabetes, and application of a shared web-based log in controlling blood glucose level in diabetes.

Dr. Dorothy Mandel, PhD

Dr. Mandell received her PhD from the University of Washington, Seattle in Developmental Psychology and her BA from the University of Texas, Austin. She also served as a post-doctoral fellow at the Wake Forest School of Medicine and at the University of Amsterdam. Her research has spanned multiple topics in maternal and child health including understanding the relations between early experiences and developmental outcomes. She has extensive direct public health experience through her work on a variety of public health topics including work that has supported the Maternal Mortality and Morbidity Task Force, Healthy Texas Babies, Child Fatality Review, and the strategic plan to align prevention resources between the Department of Family Protective Services and the Department of State Health Services in Texas. She is currently an Assistant Professor at the University of Texas Health Science Center, Tyler and with Population Health at the University of Texas System Administration in Austin. She supports the Texas Collaborative for Healthy Mothers and Babies and is the primary investigator for the Texas Safe Babies project funded by Department of Family and Protective Services.

Dr. Ellen Martin, RN, PhD, CHPQ, CPPS

Dr. Martin received her Associate Degree in Nursing at the Lone Star College System, Houston, Texas in 1987, and her Bachelor of Science in Nursing from University of Texas Medical Branch in Galveston in 1998. In 2001, she earned her Master of Science in Nursing Administration from Lamar University in Beaumont, Texas, and her Post Master's Women's Health Care Nurse Practitioner from UTMB in 2005. In 2015, she graduated with a Doctor of Nursing Practice from Chatham University, Pittsburgh, PA

Ms. Adrian McKinney, RNC-LRN, BSN

Adrian McKinney, RNC-LRN, BSN is the current Nurse Manager for the Nurse-Family Partnership Program at Texas Children's Health Plan. She graduated from the University of Texas Nursing School and has been a nurse for 29 years this August. Only three days after graduation, she joined Texas Children's System and has spent her entire career as a nurse with Texas Children's. She began her career in the NICU, first providing bedside care and then moved into roles as charge and transport nurse, also precepting for nine years. She then spent five years as the Nurse Manager of that same 62 bed NICU. She spent time providing pediatric telephone triage and then management of that same unit. After 10 years in the hospital, she took a leap of faith to start and manage the NFP program at Texas Children's Health Plan. Adrian's entire 29-year career has been spent in the field of Maternal Child Nursing and she absolutely loves being a nurse and getting to do what she does every day. Her work with NFP has provided her the most meaningful work of her career, and she feels so blessed to be a part of it. Outside of her Nurse Management role at Texas Children's, she is on her fourth term on the Innovations Advisory Committee with the National Service Office, is a 10-year volunteer with the March of Dimes. When not working, Adrian's interests include spending time with her kids and grandkids, gardening, photography, chasing sunsets, live music, and floating the Guadalupe River!

Ms. Tracy McManaman-Bridges, MSN RNC-OB, C-EFM

Tracy McManaman-Bridges received a Diploma RN 25 years ago in Nova Scotia Canada. She has worked in Obstetrics, Leadership and Education since then. Along the way she completed her Master's Degree in Leadership at Grand Canyon University in Phoenix, Arizona and is currently pursuing a Doctorate in Education at the University of Houston. Along with women's health, Tracy also has a passion for new nurses and educating the future generation. Currently she is a Professor of Practice at The University of Houston and a staff nurse at Houston Methodist Sugar Land in labor and delivery. She is an active member of AWHONN, TNA and Sigma Theta Tau Phi Chi.

Ms. Angela Montez, RN, BSN

Angela Montez has been a registered nurse for over 20 years. She has spent most of her career in Labor and Delivery. Angela started out as a Nurse Home Visitor and was promoted to Nurse Supervisor of the Nurse Family Partnership Program at The Children's Shelter. Angela is currently pursuing her graduate degree in Nursing Administration from UT Arlington and is actively involved in March of Dimes MCHIC committee, Healthy Families Network of Bexar County, African American Health Disparities Council, and co-chair of Texas Home Visiting Coalition.

Dr. Quianta Moore, JD, MD

Dr. Moore conducts research on best strategies and policies to support children's development and well-being. As a Fellow in Child Health Policy in the Baker Institute's Center for Health and Biosciences (CHB), Dr. Moore leads CHB's child health program. She has a diverse research portfolio and experience, which creates opportunities to share her findings with a variety of stakeholders. For instance, Dr. Moore's research has been used by Houston Independent School District, the largest school district in Texas, to inform policies and interventions to better meet the socio-emotional, mental and physical health and social needs of the children within the district. Dr. Moore is also developing an early childhood parenting program aimed at improving brain development from birth to age 3 that will be offered in local WIC offices and has the potential to impact hundreds of thousands of families in Texas. Dr. Moore received an M.D. from Baylor College of Medicine, a J.D. from the University of Houston Law Center and a Bachelor of Arts in sociology from Cornell University.

Dr. Mary Munn, MD

Dr. Munn is the Director of Ultrasound and Prenatal Diagnosis and has been at UTMB for 16 years. She is a graduate of Tulane University school of medicine, completed her residency at the University of South Alabama, and attended a fellowship at University of Alabama Birmingham. In 2003, after two years as faculty at South Alabama and then two years in private practice, she joined UTMB. Dr. Munn's interests include Prenatal Diagnosis and Non-invasive Prenatal Testing.

Ms. Jane Pray, RN, MSN

Jane Pray is a Regional Director for Nurse Consultation at the Nurse-Family Partnership National Service Office (NSO) where she works to transform the lives of vulnerable babies, mothers and families. She is committed to realizing the vision of Nurse-Family Partnership where all children are healthy, families thrive, communities prosper and the cycle of poverty is broken. Jane began her nursing career in 1987 after receiving an Associate's Degree from Our Lady of Lourdes School of Nursing. While pursuing her Bachelor's and Master's Degrees at La Salle University, she discovered her passion for public health nursing and switched her professional focus from adult tertiary health care to prevention and maternal child health. Jane served as a Nursing Supervisor for the Philadelphia Nurse-Family Partnership for 13 years and as a Nurse Consultant at the NSO for three years prior to moving into her current role. Jane lives in New Jersey with her husband, daughter and two dogs.

Dr. Sandra Priest, DNP, RN, NNP-BC

Dr. Sandra Priest teaches in the Neonatal Nurse Practitioner Program at UTMB and has 25 years experience as a neonatal nurse practitioner. Dr. Priest conducted her doctoral studies on Maternal Tobacco Prevention in hopes to reduce infant mortality.

Dr. Bani Ratan

Dr. Bani Ratan was born and raised in Beaumont, Texas. She attended Rice University, graduating Magna Cum Laude with a Bachelor of Arts in Biology and Biochemistry. She received a Medical Degree from Baylor College of Medicine in 2008. Upon graduating, she attended the Obstetrics and Gynecology Residency Program at New York Presbyterian Hospital – Cornell University. While training, she received the Society of Laparoendoscopic Surgeons Resident Achievement Award and served as the Administrative Co-Chief in her final year. Dr. Ratan worked at Methodist Hospital in Houston, Texas for three years prior to joining The Center for Children and Women in October 2015. She currently serves as the Associate Medical Director at The Center Southwest and as an Assistant Clerkship Director for the Baylor College of Medicine OB/GYN department. Her research interests include weight gain during pregnancy and medical education. Dr. Ratan thoroughly enjoys connecting with her patients and making sure they understand all aspects of their care.

Ms. Jacquelyn Svoboda, MSN, RN, WHNP-C

Jacquelyn Svoboda has been a registered nurse since 1999 (20 years) and has practiced in a variety of roles within the inpatient and clinic based maternal-child health arena. After she completed her Master of Science in Nursing in 2003 from UT Health Science in Houston, she worked as a Women's Healthcare Nurse Practitioner in obstetrics & gynecology and in reproductive endocrinology. She joined the UTMB Ob/Gyn department as an NP in 2007. In 2013, she joined the School of Nursing bachelors' team as an assistant professor. As a full-time faculty member, she continues to contribute to practice through her role as a nurse practitioner in the obstetrical department. Mrs. Svoboda also has a tremendous passion for women's health issues, specifically vulnerable populations related to pregnancy and newborns. As a faculty member and as an OB practitioner, she recognizes the importance of maternal and newborn bonding and has a specific interest in the benefits of this bonding for the incarcerated pregnant population. She serves within her community as a founder & president of a local non-profit that provides services to breast and gyn cancer patients. Mrs. Svoboda is currently a 2nd year doctoral student at the University of Alabama.

Ms. Kim Weber Yorga, RN, BSN

Kim Weber Yorga is a registered nurse with a Master of Science in Nurse Education. She is continuing her 18-year journey with NFP, currently as the NSO Education Director. Kim worked for over nine years with the Prevention Research Center (Dr. David Old's team) and eight years as an NFP nurse home visitor in the Denver area prior to that. She moved to Colorado 21 years ago and takes advantage of the wonderful outdoors the state has to offer whenever she can. You will also find Kim indoors cooking up new creations and at the theater watching contemporary and classic musicals.

Ms. Elly Yost, RN, BSN, MSN, PNP, MBH/MHA

Elly Yost is the Director of Program Innovations for Nurse-Family Partnership located at the Prevention Research Center for Family and Child Health at the University of Colorado. She holds both Bachelor and Master's degrees in nursing, certification as a Pediatric Nurse Practitioner from Arizona State University, and a Master of Business Administration from the University of Colorado. Elly has 30 years of nursing experience in Pediatrics and Public Health. Elly worked as a Pediatric Nurse Practitioner for many years in private practice, as part of an assessment team for IDEA Part C, volunteering at free clinics, and providing health care for juvenile detention. She also has a strong background in Nursing management and administration in the past roles of Director of Maternal/Child Health at Yavapai County Health Department, Prescott, Arizona, Director of Nursing for Nurse-Family Partnership in Denver, Colorado, and as Executive Director for Smart-Start Centre County in State College, Pennsylvania. Elly has also provided home visiting through the Newborn Intensive Care Follow-up Program and Maternal/Child Public Health Nursing in Arizona. Through providing home visits, Elly realized that what is seen by health care providers in the office or clinic is very different from what occurs in the home and this has increased her passion and dedication to Nurse-Family Partnership and nurse home visitors and the work they are doing to serve pregnant women and young families.

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MOTHERS.**

AND GREAT MOTHERS START WITH US

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