## WASHINGTON



Nurse-Family Partnership®
is an evidence-based,
community health program
with over 40 years
of evidence showing
significant improvements
in the health and lives
of first-time moms and their
children living in poverty.

\$ RETURN \$ RETURN EVERY \$1 INVESTED IN NFP SAVES \$5.70 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED



Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday. Mothers, babies, families and communities all benefit.

# WASHINGTON MOMS

19 Median age

87% Unmarried

data for the state

\*Medicaid data provided by NSO, includes sumulative.

\$7,500 Annual household income (median)

#### Race

55% White

16% Black or African American

9% Declined

6% Multi-racial

6% Asian or Pacific Islander

3% American Indian or Alaska Native

#### **Ethnicity**

64% Non-Hispanic 31% Hispanic

31% Hispanic 6% Declined

#### POSITIVE OUTCOMES FOR WASHINGTON

provided by NSO,

data for the state

includes cumulative

 $\star$ Aggregate data provided by NSO, includes cumulative state data for Washington up to 11/2018; Employment up to 9/2018.

91% BABIES BORN AT A HEALTHY WEIGHT (5.5 LB ≥)

90% BABIES BORN FULL TERM

95% MOTHERS INITIATED BREASTFEEDING

92% BABIES RECEIVED ALL IMMUNIZATIONS
BY 24 MONTHS

**57%** OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS

#### **WASHINGTON**

### Nurse-Family Partnership Goals

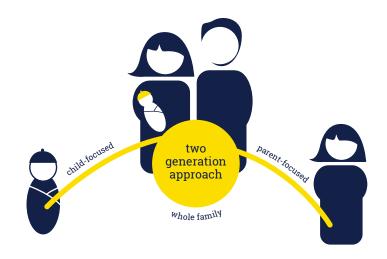
- Improve pregnancy outcomes by helping women engage in good preventive health practices.
- Improve child health and development by helping parents provide responsible and competent care; and
- Improve the economic selfsufficiency of the family by helping parents develop a vision for their own future.

**ESTABLISHED: 1999** 

FAMILIES SERVED: 10,984

**ACTIVE AGENCIES: 12** 

**COUNTIES CURRENTLY SERVED: 16** 



#### **Better Worlds Start with Great Mothers**

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.



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THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELLTRAINED NURSE.

— DAVID OLDS, PH.D., FOUNDER OF NURSE-FAMILY PARTNERSHIP PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO



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