# **MARYLAND**



Nurse-Family Partnership®
is an evidence-based,
community health program
with over 40 years
of evidence showing
significant improvements
in the health and lives
of first-time moms and their
children living in poverty.

\$ RETURN \$ RETURN EVERY \$1 INVESTED IN NFP SAVES \$5.70 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED



Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday. Mothers, babies, families and communities all benefit.



20 Median age

95% Unmarried

while in NFP

**99%** Clients who used Medicaid

\*Medicaid data
provided by NSO,
includes cumulative
data for the state

Annual h

ried

3,000
Annual household income (median)

#### Race

6% White 80% Black or African American

9% Declined

2% Multi-racial

2% Asian or Pacific Islander

1% American Indian or Alaska Native

#### **Ethnicity**

84% Non-Hispanic

14% Hispanic 2% Declined

#### POSITIVE OUTCOMES FOR MARYLAND

\*Aggregate data

data for the state

\*Aggregate data provided by NSO, includes cumulative state data for Maryland up to 11/2018; Employment up to 9/2018.

85% BABIES BORN AT A HEALTHY WEIGHT (5.5 LB ≥)

**87%** BABIES BORN FULL TERM

73% MOTHERS INITIATED BREASTFEEDING

96% BABIES RECEIVED ALL IMMUNIZATIONS
BY 24 MONTHS

70% OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS

### **MARYLAND**

## Nurse-Family Partnership Goals

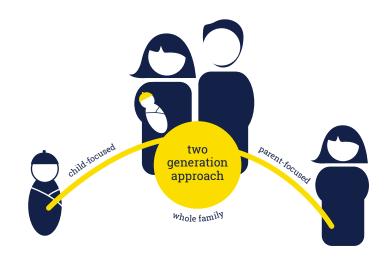
- Improve pregnancy outcomes by helping women engage in good preventive health practices.
- 2. Improve child health and development by helping parents provide responsible and competent care; and
- Improve the economic selfsufficiency of the family by helping parents develop a vision for their own future.

**ESTABLISHED: 2008** 

**FAMILIES SERVED: 576** 

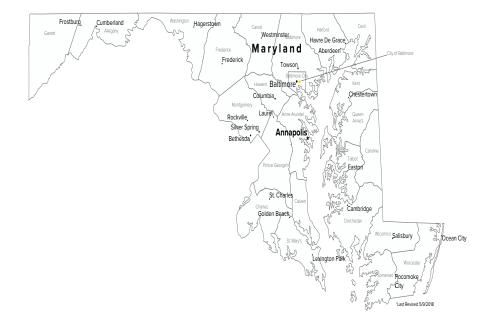
**ACTIVE AGENCIES: 1** 

COUNTIES CURRENTLY SERVED: 1



#### **Better Worlds Start with Great Mothers**

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.



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THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELLTRAINED NURSE.

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP'S FOUNDER PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO



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